

# SWIM IRELAND NATIONAL SQUAD QUALIFICATION TIMES 2013/2014

|  |              | NATIONAL SENIOR SQUAD |            |               | NATIONAL JUNIOR SQUAD |             |             | NATIONAL YOUTH SQUAD |              |               |
|-----------------------------------------------------------------------------------|--------------|-----------------------|------------|---------------|-----------------------|-------------|-------------|----------------------|--------------|---------------|
| MEN                                                                               | 2012         | OPEN                  | 1994       | 1995          | 1995                  | 1996        | 1997        | 1998                 | 1999         | 2000+         |
|                                                                                   |              |                       | 20         | 19 & Top16EJC | 19                    | 18          | 17          | 16                   | 15           | 14 or younger |
|                                                                                   | FINA A Times | 3%                    | 5%         |               |                       |             |             |                      |              |               |
|                                                                                   |              | FINA A +3%            | FINA A +5% | 2012 EJC      | 2013 EJC+2%           | 2013 EJC+3% | 2013 EJC+5% | 2013 EYOF+4%         | 2013 EYOF+8% | 2013 EYOF+12% |
| 50 Freestyle                                                                      | 00:22.11     | 00:22.77              | 00:23.22   | 00:23.86      | 00:24.13              | 00:24.37    | 00:24.84    | 00:25.33             | 00:26.31     | 00:27.28      |
| 100 Freestyle                                                                     | 00:48.82     | 00:50.28              | 00:51.26   | 00:51.77      | 00:52.48              | 00:52.99    | 00:54.02    | 00:55.45             | 00:57.59     | 00:59.72      |
| 200 Freestyle                                                                     | 01:47.82     | 01:51.05              | 01:53.21   | 01:53.40      | 01:55.29              | 01:56.42    | 01:58.68    | 02:00.93             | 02:05.58     | 02:10.23      |
| 400 Freestyle                                                                     | 03:48.92     | 03:55.79              | 04:00.37   | 04:00.74      | 04:04.64              | 04:07.04    | 04:11.83    | 04:16.22             | 04:26.08     | 04:35.93      |
| 800 Freestyle                                                                     | 07:59.06     | 08:13.43              | 08:23.01   | 08:33.33      | 08:40.69              | 08:45.79    | 08:56.00    | 09:09.26             | 09:29.80     | 09:50.33      |
| 1500 Freestyle                                                                    | 15:11.83     | 15:39.18              | 15:57.42   | 16:02.28      | 16:18.17              | 16:27.76    | 16:46.94    | 16:54.86             | 17:33.90     | 18:12.93      |
| 100 Backstroke                                                                    | 00:54.40     | 00:56.03              | 00:57.12   | 00:58.69      | 00:59.28              | 00:59.86    | 01:01.03    | 01:01.76             | 01:04.13     | 01:06.51      |
| 200 Backstroke                                                                    | 01:58.48     | 02:02.03              | 02:04.40   | 02:07.56      | 02:09.00              | 02:10.26    | 02:12.79    | 02:16.00             | 02:21.23     | 02:26.46      |
| 100 Breaststroke                                                                  | 01:00.79     | 01:02.61              | 01:03.83   | 01:04.79      | 01:05.99              | 01:06.64    | 01:07.94    | 01:09.36             | 01:12.03     | 01:14.69      |
| 200 Breaststroke                                                                  | 02:11.74     | 02:15.69              | 02:18.33   | 02:21.28      | 02:22.86              | 02:24.26    | 02:27.06    | 02:29.71             | 02:35.47     | 02:41.22      |
| 100 Butterfly                                                                     | 00:52.36     | 00:53.93              | 00:54.98   | 00:55.81      | 00:56.70              | 00:57.26    | 00:58.37    | 00:59.48             | 01:01.77     | 01:04.05      |
| 200 Butterfly                                                                     | 01:56.86     | 02:00.37              | 02:02.70   | 02:05.15      | 02:07.01              | 02:08.26    | 02:10.75    | 02:14.45             | 02:19.62     | 02:24.79      |
| 200 I.M.                                                                          | 02:00.17     | 02:03.78              | 02:06.18   | 02:07.98      | 02:10.17              | 02:11.45    | 02:14.00    | 02:16.00             | 02:21.23     | 02:26.46      |
| 400 I.M.                                                                          | 04:16.46     | 04:24.15              | 04:29.28   | 04:34.29      | 04:38.52              | 04:41.25    | 04:46.71    | 04:51.84             | 05:03.07     | 05:14.29      |
| WOMEN                                                                             | 2012         | OPEN                  | 1996       | 1997          | 1997                  | 1998        | 1999        | 2000                 | 2001         | 2002+         |
|                                                                                   |              |                       | 18         | 17 & Top16EJC | 17                    | 16          | 15          | 14                   | 13           | 12 or younger |
|                                                                                   | FINA A Times | FINA A +3%            | FINA A +5% | 2012 EJC      | 2013 EJC+2%           | 2013 EJC+3% | 2013 EJC+5% | 2013 EYOF+4%         | 2013 EYOF+8% | 2013 EYOF+12% |
| 50 Freestyle                                                                      | 00:25.27     | 00:26.03              | 00:26.53   | 00:27.11      | 00:27.53              | 00:27.80    | 00:28.34    | 00:28.55             | 00:29.65     | 00:30.74      |
| 100 Freestyle                                                                     | 00:54.57     | 00:56.21              | 00:57.30   | 00:58.15      | 00:59.04              | 00:59.62    | 01:00.77    | 01:01.39             | 01:03.75     | 01:06.11      |
| 200 Freestyle                                                                     | 01:58.33     | 02:01.88              | 02:04.25   | 02:06.34      | 02:08.18              | 02:09.44    | 02:11.95    | 02:14.67             | 02:19.85     | 02:25.03      |
| 400 Freestyle                                                                     | 04:09.35     | 04:16.83              | 04:21.82   | 04:25.83      | 04:30.45              | 04:33.10    | 04:38.41    | 04:47.34             | 04:58.39     | 05:09.44      |
| 800 Freestyle                                                                     | 08:33.84     | 08:49.26              | 08:59.53   | 09:09.58      | 09:20.32              | 09:25.81    | 09:36.80    | 09:48.21             | 10:10.84     | 10:33.46      |
| 1500 Freestyle                                                                    | 16:26.36     | 16:55.95              | 17:15.68   | 17:43.35      | 18:14.47              | 18:25.20    | 18:46.66    | 18:57.78             | 19:40.32     | 20:22.85      |
| 100 Backstroke                                                                    | 01:00.82     | 01:02.64              | 01:03.86   | 01:05.82      | 01:06.49              | 01:07.15    | 01:08.45    | 01:09.57             | 01:12.24     | 01:14.92      |
| 200 Backstroke                                                                    | 02:10.84     | 02:14.77              | 02:17.38   | 02:21.93      | 02:23.18              | 02:24.58    | 02:27.39    | 02:30.23             | 02:36.01     | 02:41.78      |
| 100 Breaststroke                                                                  | 01:08.49     | 01:10.54              | 01:11.91   | 01:13.72      | 01:14.61              | 01:15.34    | 01:16.81    | 01:18.27             | 01:21.28     | 01:24.29      |
| 200 Breaststroke                                                                  | 02:26.89     | 02:31.30              | 02:34.23   | 02:38.76      | 02:41.33              | 02:42.92    | 02:46.08    | 02:50.05             | 02:56.59     | 03:03.13      |
| 100 Butterfly                                                                     | 00:58.70     | 01:00.46              | 01:01.64   | 01:03.10      | 01:04.14              | 01:04.77    | 01:06.02    | 01:07.37             | 01:09.96     | 01:12.55      |
| 200 Butterfly                                                                     | 02:08.95     | 02:12.82              | 02:15.40   | 02:23.49      | 02:26.38              | 02:27.82    | 02:30.69    | 02:32.76             | 02:38.63     | 02:44.51      |
| 200 I.M.                                                                          | 02:13.36     | 02:17.36              | 02:20.03   | 02:23.64      | 02:25.03              | 02:26.46    | 02:29.30    | 02:32.85             | 02:38.73     | 02:44.61      |
| 400 I.M.                                                                          | 04:41.75     | 04:50.20              | 04:55.84   | 05:06.86      | 05:07.93              | 05:10.95    | 05:16.98    | 05:23.97             | 05:36.43     | 05:48.89      |